

PRES: William M. [redacted]
Albany, New York
PHONE: [redacted]

NEWSLETTER EDITORS
Helen
and
Wilma [redacted]

Had a good time :
Once again we had a good time, a lovely group showed up to welcome Lois and her guest Marie from Mass. It's always a pleasure to be able to welcome new members into our home and know that we have been a help in bringing one more T.V. out. Lois went over to Wilma last night and said Gee, what a friendly group it seems other places she has been she has seen cliques. Well I'm sure happy to say we have no cliques in our group. Our girls here move around and mingle with all the girls. I believe all you T.V.'s know how important it is to help one another and make them all feel at ease. Some T.V.'s are on a higher plateau and by this I mean that they have a few more years of experience, but at one time they needed help to make themselves look and feel like a woman. So some of you new T.V.'s don't feel bad if you are a little nervous your first time out in the group, we are all here to help you achieve your goal, to be a woman. Some of our girls are fortunate enough to have a small figure and small face features, and therefore can do a good job of being a woman. Those less fortunate need not feel that they cannot make a good woman, all you have to do is remember to dress your age to look good. All of us at one time or another think we are as beautiful as the next person. But you know that beauty is only skin deep, it is the warmth and love for the friends you make with your generous personality that makes you shine with beauty. myself I don't judge a person by their looks, but by the way they talk and act. An honest, sincere, and warm person can be beautiful inside and out, and yet be homely. Usually Dennie and I are here to help all the T.V.'s who may have a problem with their wig, or makeup, or just to zip up their dress. I also shorten dresses or skirts for the girls. I enjoy helping the girls as much as I help my Wilma to dress. Let our motto be "Help one another as much as possible."

Some of the girls who were here to make it a pleasant evening for Lois and Marie, were Winnie, Schen. Jean Plattsburgh, Joan, Colonie., Elanda Rome., Louise and Evelyn, Conn., Jo and Dennie, Peekskill., Caroline, Troy., Betty and Sue, Rochester., Michelle, Albany., Joyce, Conn., Crystal, Menands., Wilma And I.

The Menu for the girls this time was Roast Chicken, Potatoe salad, tossed salad (vegetables, lettuce, tomatoe, cucumbers, onions), home made bread applesauce, pickles, olives, cottage cheese with chives, coffee, cake. Our cake was made by one of our newer members Elanda, made a lovely loaf torte with choclote frosting. This was one of the jobs that Elanda held when she was in Germany. Watching the girls eat does my heart good, for then I know that the food must be alright.

Another one of Elandas skills is being an instruct dancing with our famed Arthur [redacted] Dance studio. Elanda danced with [redacted] we did the Polka which is my favorite dance, and then Jean and Winnie had their turn to dance. It was really a very pleasant evening, music to soothe the nerves, Sue and Wilma relaxed by playing a game of chess, the other girls just sat around and talked.

Seems our gal Crystal found herself a boyfriend, she was all dolled up and left a little early. Hope you had a good time Crystal.

Michelle went in to change her clothes as she doesn't go home dressed she was leaving early also to go on a picnic with his family the next day after changing Michelle came back out to the bar for his last night cap somehow couldn't tear himself away from the girls, an hour later we found Michelle still here, this is the kind of group we have here, friendly and close.

Joyce from Conn., who is having the operation looked good last night in her shorts and jersey. Incidentally were both going in the hospital the same day and both being operated on the same day, BUT NO I'm not having the SEX change, Joyce is.

I really hated to have to tell all the girls that there would be no meeting in July & Aug., as I enjoy seeing them all and I know for some who are not able to dress at home it will be a rough two months. again let me say I'm terribly sorry., but I sure will be looking foward to seeing you all come Sept.

Ann [redacted] if you are reading this p [redacted] ote. I explained to my Wilma about the difference between transexual and transvestites. Here we don't hold anything against T.S.'s every body to their own way of life. The feeling, taste, smell and hearing are the same for both T.S.'s & T.V.'s their only difference how they live.

To Mable:

When you read this newsletter I say thanks for your letter. I'll certainly drop you a line as soon as I can probably from the hospital while recuperating.

Got a call from Phyllis in Middle port last night, she was supposed to have been here with Betty and Sue, but at the last minute she had to postpone, maybe we'll see Phyllis in Sept.

Each gathering I seem to get a lot more help in the kitchen both serving and cleaning up.

Say Billie: did you hear that we have a new member joined our group who lives up there in Corinth, Vt. You maybe able to meet her in Sept. If you both make the gathering.

Here are some excuses when you are stopped by the police: In Massachusetts: "I just picked up a hot pizza pie and want to get it home before it cools.

A New Jersey Woman: "I thought you were a masher, so I was trying to outrace your car."

In Virginia: " I was trying to catch my wife who was driving ahead of me and warn her she was going to fast.

The girl had made it clear to the young man that she was not averse to marrying him. It was equally clear to the young man that he had not won the approval of her domineering, strong-willed, crusty old battleax of a mother.

"The trouble is," said the girl " that mother thinks you are effeminate." The young man reflected on this for a few minutes and then replied, "Well, compared to her, maybe I am."

If you're on a budget, high meat prices add up to a lot of baloney!

I went to the doctor about my leg hurting. He said it was nothing but old age. I told him that couldn't be true because the other leg was just as old and it didn't hurt at all.

An adult is a man who has stopped growing at both ends, but not in the middle.

Husband, answering the phone: No, she's not home now, Would you care to leave a rumor?

Better to do a little expertly than a great deal badly.

Quiet people aren't the only ones who don't say much.

People who've been married for a long time have different personalities when they're together than they do seperately.

* This could be any one of our girls all made up beautifully Say Crystal is this your secret lover.?

* Defeat never comes to any man until he admits it.

* The mouth is the doorway to the mind. Open it to expose only the best mental parts.

* Do your best with little opportunities.

* And there will be big opportunities.

* Tonight the girls all looked so relaxed that they didn't look like the old bunch at all.

* Month after month I could see the difference in the way they carried themselves, their makeup was a much smoother job and they seem to have modern styles in their wigs.

* You new T.V.'s who have joined but a bit nervous to make that first appearance don't be, because all the girls had to start at one time or another.

* We have had some come here who didn't have the faintest idea how to put makeup on, or set their wigs, their color combinations were way out.

* Some of you wives who understand your husbands should try to help them in every way you can because the better they can appear in your eyes the easier it is for them to find the small comfort they get from crossdressing. Another thing is that they can help some of their sisters who are less fortunate because they have wives who don't care to know about their dressing and simply refuse to help them dress.

* When this business of transvestites came into my life, I really didn't think I could learn enough about it to be of any help to any one. But I find that if you keep an open mind there is much you can learn.

* At first it was hard for me to believe that my william liked to crossdress. To me he was a rugged man doing all the hard work of a man, building bowling, gardening. With all these things he did, I knew deep down that there was nothing wrong with his dressing. This too made me go out and read all about the difference between Homosexuals Transvestites, Transexual. I am happy to say that I have since been able to help some that have written to me asking for help to better understand their husbands

* Well I'll have to continue in one of my future issues as I find I am coming to the end of this page.

* Untill we come back in Sept. I'll say bye for now and God Bless you all.



How about dinner Herman?

EDITORIAL

UNFOUNDED FEARS; -- This applies to the girls who have heard of Wilma's of TVIC Albany, N.Y. but hesitate to come out of their locked rooms! "I've never dressed in front of others. I'll feel silly. I'M awkward and ungraceful, the others are pretty and experienced."

ANSWER: You should see some of the girls in our group! We are all awkward and ungraceful at first. The fun is in trying to improve ourselves in the company of others. An unwritten law among the girls is never to hurt others with nasty remarks. A good sense of humor is an indispensable item in a girls' baggage.

2. "My wardrobe is awfully skimpy and inadequate."

ANSWER: That's the way we all get started. It takes time to build up a wardrobe. As a matter of fact it is better to wait before buying large quantities of clothing until you've met the rest of the girls. You'd be surprised at the amount of practical tips and free advice you'll get from our group. How to buy, what to buy, where to buy. What is practical and what is impractical. You'll save hundreds of dollars which many girls have wasted in blind buying sprees.

3. "I don't know a thing about make up. I look grotesque." The rest of the girls look so pretty and natural

ANSWER: Don't be fooled by the pictures you see in print. There are very few who looked that good when you meet them in person. Anyway our purpose in getting together has nothing to do with trying to be an American Beauty. Of course we try to look our best and in this we have the eager help of more experienced girls. We learn a great deal by observing others and thus we are constantly improving our appearance.

4. "But what about my wig, it's cheap and looks messy?"

ANSWER: Don't worry about that. You should see some of the lumps of hair some of the girls come up with the first time at a group meeting. Helen will give you wonderful free advice and will help you fix your messy hairpiece until you are able to purchase one that is a little better.

5. "Can I trust the group? Am I safe in joining them?"

Answer: This is perhaps the biggest fear in the mind of lonely girls who hesitate to contact me. Family happiness, a job standing in the community are in the balance. Our ever increasing membership is certainly a proof that this fear is

UNFOUNDED.

Well that should take care of the unfounded fears. But I'm sure you will come up with some I've left out.

W I L M A

NEXT GATHERING SEPT, 21ST.

IT was the beginning of a beautiful spring weekend, so the wife (Betty) decided she would lay down the law. "Listen she told her husband ~~it~~ (Sue) at breakfast, "don't think you're going to run off and play golf, and leave me here with all this work!" Golf is the furthest thing from my mind," Sue protested, "and will you please pass the putter."

NEW MEMBERS WELCOMED:

I am pleased to announce the enrollment of FIVE more new members.

H. M.	Rome	N. Y.
J. C.	Cleveland	Ohio.
H. C.	Salt Lake City	Utah.
J. M.	Colchester	Vermont.
D. D.	Tampa	Florida.

A golfer was positioning his ball just before teeing off on the first hole. Suddenly, from out of the country club, a gorgeously gowned bride (most have been Crystal S.) came running up to him. The golfer waved her away. "Crystal," he said, "I told you specifically, only if it rains."

B O O K S :

Don't forget to order your copies of TVia. Still many copies left at \$2.25 each.

REMBER NO GATHERINGS IN JULY AND AUGUST.

HELEN WILL BE GOING INTO MEMORIAL HOSPITAL JULY, 17TH FOR A MAJOR OPERATION.

LET your fingers do the walking, and nylons do the running.

HINTS FOR TVs:

When striking a match, a man usually strikes toward himself, a WOMAN usually strikes away from herself.

When drinking from a glass, a MAN usually looks into the glass. A WOMAN usually looks over the rim of the glass.

When looking at our nails, a Man usually cups his hand. A WOMAN usually extends her hand.

Avoid pulling or stretching the skin when applying facial creams & lotions. Use just the fingertips and use them gently before making up, tone the skin with a mild freshener such as a good quality witch hazel. Work the lotion lightly, starting at the sides of the nose then upward and along the cheekbones to the hairline. Mouth use a circular motion.

letters to the editor

Dear Wilma.

I have a difficult situation at home, Although I have learned in my discussions with you ~~and~~ that it is not unique, but ~~with~~ with the help of you and Helen I hope to convince my wife that I am not a freak and that transvestism can add a variety to both our lives. I think her main worry is that our friends will think I am effeminate, If I ~~can~~ can divorce the two personalities within me and be the masculine person she loves, but still be totally feminine without masculine traits when I am Laura. Perhaps she will accept me as a woman and find in Laura a heman and extend a different form of love towards.

I am hoping that in the not too distant future I will be able to go out as Laura. I hope that other TVs who have come to a compatible arrangement with both themselves and their wives in some other manner will write to you and explain their methods so that we may all benefit and that you will put it in your TVIC Journal.

Sincerely Laura, Westchester Pa

Dear Wilma.

Once again I enjoyed your interesting and thoughtfully entertaining newsletter. Every one is always "better than the last" Someday I must get to N.Y. and visit with you and the girls. I can hardly believe at times the things you write because you say my feelings and secrets so beautifully. My TV side really bewilders me so your words mean alot to me.

Robert F. [redacted] 3rd, POB 202
Olive Branch, Miss 3864

Dear Wilma:

I have decided that my TVism is neurotic behaviour and that I should get some therapy. My first sessions were with a psychoanalyst. After a few meetings I decided that his problems were greater than mine and I discontinued. I then went to a psychologist who was very helpful. I ceased cross-dressing and did feel more comfortable and I think, proud of myself because I was acting the way society approved.

Though he was helpful I started feeling the same old stirrings. This time I thought I'd go to a women therapist and found a compitant psycheatrest. I found the experience helpful, but decided finally against her judgement, and this is an intemate part of me ans that I was going to relax and enjoy it as much as possible. Charlot, Wataga, Ill.

Dear Wilma:

I have received the newsletter and enjoyed it very much. It's so informative also you gave me so wonderful a write up. I don't know if I deserve all this attention.

The last gathering was just as great as my first one I attended and I know I will love everyone from now till doomsday

I have learned so much since I stepped out of the closet mostly due to Helen's most kind assistance. I have stil

A LONG WAY TO GO. Well, there is nothing like experience. Thank God I am getting it now.

It's never too late and looking back, it has still been a wonderful life as Flanda even in the closet.
HANS M. [redacted] POB 1155 BRANCH OFFICE
ROME, N.Y. 13440.

Dear Wilma and Helen:

Your paper is getting better with each issue. I certainly do not envy the many hours of hard labor both of you put into each issue, ~~Wafottian~~ Unfortunately, your work in our behalf does not bring you many riches in monetary values, but in friendship and admiration you are wealthy.

I'M sorry I cannot find time to devote to your paper and TVIC Club. I owe you a great debt of gratitude and appreciation. Though you both I have recently met two very wonderful "girls" with whom I am now corresponding. The immense satisfaction I receive from their letters is all but impossible to put into words.

To all our members who have never attempted correspondence due to fears or unwarranted self consciousness let me say that it is a thrill to find someone with the same desires.

Thanks again for the opportunity to express myself.
DENNE, NEW BOSTON, ILL.

Dear Wilma and Helen:

As I sit back and reflect a years membership in our TVIC club I can say for myself, I've enjoyed every minute of it. If it were not for the club, I think, I'd go bananas. At least here, I get to meet TVs like myself,

Prior to this, I did And still continue to correspond with several TVs. This is where one really gets to know TVs for what they really are and just what they're like. I can see now why so many "girls just give up and get rid of their "girlie" things for awhile.

I've had letters from TVs where it's a case of, "Don't be afraid, I'm very broadminded", or "You're too vulgar", or "you're not my type", or "my wife censors my mail". And on, and on.

It's so disheartening at times. Here are individuals who would think of spending a tidy sum to outfit themselves, but; when it comes time to spend a lousy dime on a postage stamp they stop cold. It goes without saying, that, to find a pen, paper, stamps, envelope., and time to write is totally impossible for these people. Wilma, how did we ever get mixed up with such a bunch of anti-social types?

The laxity of TVs and the unorgabization of the whole deal perplexes me. Here, where we all should be helping one another, the average attitude is "how beautiful I am". "God made no one more alluring and seductive than I am", "The hell with the rest of the TV world. I'm the only

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one that counts."

I'll grant you that there are people like you, Helen and others who are really "beating your brains out" against a wall to help, but; when one looks around, they say to themselves, is it really worth it?

For this I have only one answer, God bless you both. If you gave up to-morrow, no one in this world can say that you haven't really tried.

For me, personally, I'm thankful I am so close by and can say, thank you so very much.
M. [REDACTED], POB 1721, ALBANY, N.Y.

NEWS FROM HERE & THERE

TO all TVs traveling to or near Oklahoma.

Ruth [REDACTED]

[REDACTED] Tulsa, Okla. 741 [REDACTED]

would be happy to see or ~~see~~ talk to any of our members traveling her way. Ruth has a lovely understanding wife and would also like to meet the other TVs. Ruth's phone no. is [REDACTED]. You members in Okla [REDACTED] a call.

REPORTED BY T A O

TAO Vice-president C.G. has charged the Miami police with forcing her to strip nude and be photographed during interrogation recently. The photos were then made into poster size and hung on the station walls, she said. G. said police told her they planned to do this to all transsexuals they arrest in the future, and also send copies to other police stations. G. has filed a report with the ACLU. She was recently arrested for "loitering" in front of her parents home. (this is hard to believe that the police would be so rude. C.G. if you read this write me a letter about it. Wilma)

TAO member T.C. was arrested Mar 31, when she stripped nude at a beach to protest police provocation, which she claimed included being forced to engage in sex acts with at least two officers. Four police cars arrived to take the stunning pre-op to jail, where she was charged \$70 for creating a public disturbance. A small riot almost happened when a large crowd shouted at the police when they dragged her off. (T.C. what is going down there in Miami? Write me a letter on it.) Wilma)

RUMORS spread by Miami Beach police that a new drag law will be enacted as a result of the US Supreme Court action which upheld the constitutionality of drag laws on Apr. 1 are false, according to city clerk. The Miami Beach law was found unconstitutional in lower courts in 1972.

POLICE in Miami and Miami Beach are now embarrassing transsexuals when they spot them with men in restaurants or night clubs, by going up to their dates and informing them they are with a transsexual, shouting "it's a man".

IT'S easy to pick out the best people. They'll help you do it.

Taken from EEF Newsletter;

IT has been reported to EEF by some transvestites who have received controlled amounts of female hormones that they find the urgency to cross-dress dissipates and often decide that they are no longer transvestites. The compulsion returns, however, we are told, when they stop taking female hormones.

THIS is mentioned as a caution to "TVs" to consult their medical practitioner before making what may be an unwarranted decision under the effects of either temporary state.

GENTIC FEMALES, TOO:

A rapidly growing number of women are seeking sex-change operations.

Dr. Markland reported that female sex-change operations have been performed at Johns Hopkins University and one in the Stanford University program. The sex change involves hormone treatment to eliminate secondary female characteristics, breast surgery, usually removal of the ovaries and uterus, and construction of a penis from the skin of the abdominal wall. "There is no way to create erectile tissue," Markland said, "the penis is strictly cosmetic."

He also reported that out of 25 men who had the operation in Minnesota, spurred by society's rejection of their desire to be women since childhood, 9 have married in their new role, one divorced and one separated.

GIRDLES

UNHEALTHY

GIRLS!

Take a deep breath, take off that girdle and toss it in the trash can.

That is the advice of Dr. C.A. Rubaudo and Dr. A.A. Formato of St. Vincent's Hospital in New York.

According to these noted medical men, no women should wear a girdle. It's unhealthy and can even cause permanent physical defects.

Girdles cause swollen ankles and knees- sometimes resulting in severe cases of obstructive vascular disease.

The problem stems from the fact girdles too often restrict circulation in the upper thighs & stomach. This causes excess fluid to collect in the legs, bringing on swelling of the joints. According to the dr's, most women can build their own do-it-yourself girdle by engaging in simple exercises. Take a deep breath and pull in your tummy. Breathe normally while you hold your stomach in. Count 2 6 & then relax. It will flatten your stomach & for overweight persons it takes off pounds. And it's not as uncomfortable as wearing a girdle.

NEXT GATHERING SEPT 21ST.

Tuesday, May 21 1974, The Times Record

Physician Has Performed 1,000 Sex-Change

Operations

EDITOR'S NOTE — Plastic surgery is the terminology Dr. Georges Burou uses to describe his specialty. His fame has spread through what he calls a kind of "trans-sexual mafia." Dr. Burou was a pioneer in sex change operations. In a rare interview he talks about his work.

By MICHAEL GOLDSMITH
Associated Press Writer

CASABLANCA, Morocco (AP) — It's like a fashionable gynecologist's waiting room anywhere in the world. Young women, some accompanied by their husbands, anxiously await their turn while nurses scurry about.

Every few days, though, a different kind of patient rings at Dr. Georges Burou's door: a man, invariably alone, comes by appointment to be transformed into a woman.

Dr. Burou, 63-year-old French surgeon and gynecologist, is regarded as a pioneer of the sex change operation. Since he first developed his method in 1956, he has performed nearly 1,000 such operations. Many of his patients have been Americans.

"I know of no other doctor in the world who has done more than about 60 such interventions," he said in a rare interview.

Although his renown has spread through what he calls "a kind of trans-sexual mafia," Dr. Burou shuns publicity. He waited more than 16 years before presenting the first scientific paper on his technique to a medical congress.

The sun-tanned, athletic-looking physician says he entered the sex-change field almost by accident. "A patient, a French electrical engineer, pestered me for months to do it because he could no longer endure life as a man. I finally consented and tried it as an experiment. Surprisingly, it worked, and the patient has lived very satisfactorily as a woman ever since."

That was in 1956. In February, 1973, Dr. Burou publicly revealed his method at a Stanford University symposium on trans-sexualism.

Dr. Burou's surgical technique has been adopted and modified by surgeons in the United States and elsewhere. The surgery involves removal of the testicles and tissue from the penis and dissection or creation of a space for a vagina between the prostate gland and the rectum. The space is lined with skin from either the penis or a thigh, or from both.

There have been 500 to 600 such operations in the United States in the last five to six years, according to a physician familiar with the subject. Two surgeons in New York City have done 100-150 each and the operation is performed at Johns Hopkins University, the University of Minnesota and Stanford University.

Dr. Burou calls his operation "basically plastic surgery," because his newly transformed women can never hope to have babies. "But they become women in every other respect. I literally turn their genitals insideout, as you reverse a glove. The sensitivity remains unchanged. The breasts develop naturally, with the help of hormone treatment."

Dr. Burou said his patients come from all parts of the world and from all walks of life. Almost half of them are Americans. Others come from western Europe and Japan. Their average age is 30 but his oldest patient was a 70-year-old German.

He said he successfully operated on a 50-year-old French Roman Catholic priest, an Italian university professor, several fellow

doctors, some writers and artists and "quite a large number of prostitutes and transvestite performers."

Dr. Burou almost never follows up a former patient's career and doesn't know what happened to the priest. "I think most of them want to forget they ever had to undergo such an operation," he said.

"They are nearly always people who spent all their lives yearning to be women, from the time their parents failed to understand why the little boy wanted to play with dolls."

Dr. Burou stressed that the impulse to change sex is almost invariably mental, not physical. "It is never a problem of hormones or chromosomes," he said. "True hermaphrodites exist, but I have never seen one. The men who come to me need help because they are convinced their bodies are accidents of nature and nothing can change their minds about it. They believe their whole lives are

being ruined by being forced into the wrong body, like a left-handed person being forced to use only his right hand."

The complex surgery used to take three hours. Dr. Burou has cut it to 90 minutes, followed by three to four weeks of convalescence. The total cost is \$5,000, often reduced for patients of limited means.

Dr. Burou was born the son of a French settler in Algeria. He studied medicine at Algiers University, settled in Casablanca in 1940 and stayed on when French colonial rule ended. He said he never has performed his operation in France because it is illegal there.

Dr. Burou never receives a patient directly, but through recommendation of other doctors, usually including at least one psychiatrist.

"No one can walk straight in here and demand a sex change," he

said. "Very careful preparation and investigation are necessary before I will even consider doing the operation. I regard it as a last resort."

He could offer no explanation why so many of his patients are Americans. "There must be more such identity problems in the United States than elsewhere," he said.

Alexandria Man Taking New Identity as Woman

ALEXANDRIA, La. (AP)— Charles Ray Williams started through the red tape of assuming the identity of a woman Friday, asking a court to change his name to Vickie Gay Williams.

It was the first step in a compromise worked out by his attorneys to keep the 34-year-old bartender from serving a maximum jail sentence of 420 days and paying \$1,400 in fines.

Williams had been arrested seven times under a new city ordinance carrying a penalty of 60 days and \$200 dollars for dressing as a member of the opposite sex.

He appeared before Judge George Foote last week, asking that the ordinance be declared unconstitutional. Foote refused to do that, but he did go along with a compromise calling for charges to be dropped if

Williams adopted a female name, dressed exclusively as a female, and had his driver's license altered to reflect the changes.

The compromise was reached after Dr. James Lorio of the Baton Rouge Medical Center testified that Williams is a transsexual, and not just a transvestite.

He explained that transvestites wants to be accepted in society as a member of the opposite sex and plays the role of a woman to gain that acceptance.

"While a male transvestite enacts the role of a woman, the male transsexual wants to be one," Lorio said.

Following his name change, Williams intended to apply for a new drivers license. Officials at the bureau here would not comment on whether one would be issued.

FROM N.Y. POST

Shot by Cop

A man dressed in women's clothes was shot in the arm last night by a police officer after he allegedly resisted arrest in the East Village.

According to police, Tony Caprice, 24, address unknown, propositioned Officer Ray Driscoll of the Manhattan South Morals Squad,

When Driscoll attempted to arrest the female impersonator, Caprice allegedly knocked him to the ground. Driscoll's partner, Officer Martin McGuire, intervened and accidentally shot Caprice in the upper right arm, police said.



"This is feminine living?"