

The Editor's Corner**By: Wendi Danielle**

Hello girls, I hope this newsletter reaches all of you in good health and all has been well during the past month. I have been very busy with all of my varied interests, and as most of you know by now, I enjoy camping and getting out to see the beautiful Arizona scenery. Well, this month was no exception, Judee and I went camping to an area near Young, Arizona. We had a wonderful weekend and except for a minor problem with two broken fan belts of the return trip and a broken nail while doing the repair job. We had a great time.



The weekend was not without incident however, as a good friend of ours was seriously injured when a boulder dislodged, rolled over his legs and caused multiple fractures. He was "air evacuated" to a Phoenix hospital and hopefully will recover fully in time. This accident could have happened to any of us during the weekend, since the area where it happened was traversed by all. This brought to mind the fact that we are all basically short timers in this life. We should all be aware that our time is very precious and growing shorter by the day.

When we are children, the time seems to pass very slowly with plenty of time in the future to do anything we please. Then many of us are preoccupied with obtaining an education, which if we are lucky, will result in providing us with an occupation and hopefully a rewarding career. Also, having and raising children can take up a good portion of our younger lives, if we are fortunate enough and desire to pursue this course. By the time we can start enjoying life and pursuing interests which we have longed for it may be too late, or we may be short changed in life and due to some unfortunate accident never get the chance to fulfill our dreams.

By now most of you are familiar with my byline and philosophy but anyway here it is again, "GO FOR IT!", girls. Whether it's building a dream house, traveling to the far corners of the globe or pursuing the gender identity that is in your heart and makes you happy, or all of the above, "GO FOR IT".

The secret to accomplishing your dreams is planing, taking it one step at a time and keeping your long term goals in sight. Setbacks will happen and can be discouraging at times. When this occurs, a regrouping and possibly a new approach will eventually overcome intermediate obstacles and another step will be made toward the final goal. Another secret is to review your long term goals from time to time. Are you sure that they still are as desirable as they seemed before the trek began? If not, then regroup at a more basic level and possibly even change long term goals.

It's much better to abandon a goal and start in a new direction than to waste any time, when after careful consideration you feel that the original goal is no longer desirable. Be careful however, not to be too hasty in your decisions, It's better to leave the pursuit of a goal where it stands and let it die gradually with time than to purge and regret it later.

In addition, it is very wise to look ahead to future goals during the time when you are concentrating on one. This will help to prevent the crash syndrome that can follow the successful achievement of a goal. This is akin to a mother being awakened to the fact that her children have grown up and she is now without a career, i.e. raising children. The answer here could be to have several on going goals at various points of completion. I have found that this works very well for me but I would not recommend it to all, as one can be spread very thin. The risk being that nothing long term will be accomplished if one is thrashing between several goals when they each require more effort to achieve intermediate milestones.

I find that a happy person is one that had chosen a set of goals that they are comfortable with, are constantly reviewing these goals and have laid out game plans that have sizable yet achievable intermediate steps to surmount. After successfully accomplishing a few basic steps, one can look back and say, "I did it", or "That wasn't so hard after all". This, "pat yourself on the back", attitude, does not hurt and can be a real help when at times things look rather discouraging.

Well, I better end this discussion for now, I've got a newsletter to do, I'll just close with one final thought, "GO FOR IT", girls.

The First Lady's Notebook

By: Diane

Last month I received a phone call from one of our Alpha Zeta sisters, Kay, who had just had a bad experience with the county sheriff's department. She explained that she had not been arrested but was detained during the middle of the night on a "Body Attachment Order" while dressed as a woman. The story was fascinating and I asked her to write it down. The following day we contacted the American Civil Liberties Union (ACLU) and, they also asked her to document the experience and send the account to them. I asked the ACLU if they knew whether crossdressing is an illegal activity in Arizona and, after a little research, their answer was no, unless it's used in some way to defraud another person.

Kay also spoke with the sheriff's department and the Phoenix police. The sheriff's department agreed that crossdressing in itself is not illegal and the incident was a mistake. The Phoenix police also agreed that it wasn't illegal and invited us to meet with an officer from their community relations office to talk about it if we want to. They seemed to know very little about the subject of crossdressing and were interested in learning more. Kay and I plan to set up a meeting next week to find out more about the policies of the Phoenix police department concerning crossdressers and let them know our point of view. That meeting will be the topic of a future article in this newsletter. The following is an account of Kay's experience.

On Monday morning (7/27) at 1:30 am, I was picked up on a (county) "Body Attachment Order". It was to get a court date on a child support matter. I was in a cross-dressed state (blouse, skirt, and undergarments) and, the Phoenix police treated me as if nothing was wrong. I was taken to the county jail in downtown Phoenix, booked by the sheriff's department and then the humiliation began. The deputies made rude gestures and comments about me being gay. They then housed me in the privacy of a one-person cell, which I appreciated. After about ten minutes, the whole populous was informed by one of the deputies that a "faggot" was in the corner cell. When I was interviewed,



I was asked if I was gay and, I told them "No, I'm a crossdresser". The deputy then asked, "What's the difference?". He was corrected by a female jail employee who explained that crossdressers aren't all gay. He then said, "They're all faggots!".

(Diane: A number of hours after Kay was booked, her femme clothes were confiscated and she was given jail clothes to wear. These clothes must be returned when a person departs, since it's against policy to allow county property to leave the jail.)

When I was to be released, it seemed that they had lost my clothes. It was Tuesday afternoon at 6:15 pm when I was released and, I had a choice for my attire of nothing at all or a torn slip. I figured that both were illegal or at least unsuitable, so I begged for at least a garbage bag. They said no three times and then an inmate handed me a bag, so they said OK. I was sent back into the world dressed in a garbage bag to either hail a cab or walk home. By-passers laughed, made rude gestures or just blew their horns as I walked down the street.

I found a guard booth for the parking lot next door, and used their phone to call for a cab. While waiting for the cab, a psychiatrist introduced himself to me. "Hello, I'm a doctor." I told him that the sheriff's department needed the help. He turned out to be the doctor for the jail. He introduced himself but, the other people's names were not given to me. I didn't get to see their name tags either because they hid them with their hands when they talked to me.

(ed: I'm sure we'll hear more about this incident in the future as Diane has told me that the ACLU is interested in the case and a meeting with the police is now in the making.)

Reminder of Dues

As most of you girls know the annual chapter dues are due July 1st. The dues for Alpha Zeta are \$15 per year. This fee also includes this newsletter. Please make your checks or money orders out to "Alpha Zeta", or you may pay in cash. Submit your dues to Terri or Diane, or send them to:

Alpha Zeta
P.O. Box 8425
Mesa, Az. 85204

Help support your local sorority chapter Girls. Those of you that fall more than 3 months delinquent will not receive meeting notices or the newsletter so lets get those dues in now.

In addition, for those girls who have not yet joined Tri-Ess National, the start-up fee (for the first year) is \$30. See Diane or Terri for more information, or write:

Carol Beecroft
P.O. Box 194
Tulare, Ca. 93275.

Chapter Update
by: Terri

The July meeting was a "Night out with the Grills" at Wendi's house. We got to cook the entree' of our own bringing and, Wendi provided the salad and veggies. Present at this repast were Diane, Rosalind and Mary, Terri, Wendi (ed: Judee was at her class reunion in Iowa), Mae, Angela, Jackie, Vanessa and Lesette with eight day old Matthew (unofficially the youngest person ever to attend an Alpha Zeta meeting). We also welcomed Laura and a new Terri to the group and our special



guest was Diane, who is the founder of the organization called "Boys will be Girls", a TV oriented business that will be carrying foundations, lingerie, wigs and beauty supplies. She will be giving us a merchandise presentation in the near future.



At the business portion of the gathering we were informed that we are running a small ad three weeks out of the month for three months in "The New Times" weekly. Since this little venture will create a sizable drain on our treasury, we are asking all members who have not yet done so to get those dues in (\$15.00per year). Also a Tri-Ess national membership is only \$30 for the first year and \$25 per year after that, so you might also want to consider this.

Other business at the meeting included Rosalind's medical update to the group by reading portions of a medical professional article on "Patients Who Need Cross-Gender Hormonal Therapy" and also the official AMA view on Transvestism. In their words, "This is a deviant behavior with a strong childhood predisposition and a very low cure rate". Why can't they just say, "They dress because they like it", and leave it at that? The evening was capped off by an eleventh hour (ed: actually midnight) trip to the community swimming pool at Wendi's housing development by Diane, Wendi, Jackie and Terri. They braved the chilly night air and water in their one piece swim suits and, almost turned into little smurfettes in the process, but at no time were in danger of drowning because as Jackie proved, falsies float!



The August meeting will be at Diane's. She doesn't have a pool but I'm sure we'll have fun anyway. Hope to see you all there.

Terri



Last but not Least Jackie

(Special note to Kathy Ann: We need to hear from you!)

Treasury Report

Balance as of 6/30/87.	242.29
Paid out	65.00
Income	0.00
Interest	0.86
Balance as of 7/31/87	178.15

National Events

"Fantasia Fair"

There is still time to get your reservations in for this event but time is running out for this one. The fair looks like it's going to be a sellout and it also promises to be another high point for the year. See Wendi or Diane for a copy of the brochure. The 13th annual "Fantasia Fair" will take place on October 16th through the 25th and the address is:

Fantasia Fair
 Lincolnia Station, POB 11254
 Alexandria, Va 22312
 Atten: Eve Goodwin

"Holiday En Femme"

This event will be the national convention for Tri-Ess. It is being planned in part by our own Diane and will be in San Francisco, Wednesday November 11th, to Sunday November 15th. The event is a learning and entertaining experience with several days and nights filled with activities. It's location alone is a great vacation spot and the chance to visit this wonderful city "En Femme" is a thrill we all deserve. For more information watch this newsletter or contact:

"Holiday En Femme"
 c/o Alpha Zeta
 Po Box 8425
 Mesa, Arizona 85204

"1988 I.F.G.E. Convention"

Work is progressing on the next I.F.G.E. convention to be held in Chicago next year. The dates will be February 23rd to March 1st 1988. The excitement about this event is starting to build. It's getting good coverage on all the newsletters around the country and from the comments We've heard, Just about every group in the country is going to have representation. Look for more information in this newsletter, or write to:

I.F.G.E.
 Po Box 19
 Wayland, Mass. 01778
 (617) 358-2305

Clothing Sizes

The following clothing size charts were found in the July issue of the Alpha Omega Outreach newsletter. They provide some very useful information and might help some of us to obtain a better fit when making our next clothing purchases.

	Misses Sizes						
Size	12	14	16	18	20	22	24
Bust	34	36	38	40	42	44	46
Wst	26	28	30	32	34	36	38
hips	36	38	40	42	44	46	48
bk	16.2	16.5	16.7	17.0	17.2	17.5	17.7

Note: Petite Misses are about 1" shorter in the "Bk" dimension than Misses.

Women's Sizes

Size	36	38	40	42	44	46
Bust	40	42	44	46	48	50
waist	34	36	38	40	42	44
hips	41	43	45	47	49	51
Bk	17.4	17.5	17.6	17.8	17.9	18.0

The half size is for a woman who was a junior and has started to loose her figure. The size is shorter overall, with a higher bustline, smaller shoulders and shorter sleeve lengths. Most crossdressers don't fit into this category so remember this when you shop.

Half Sizes

Size	14.5	16.5	18.5	20.5	22.5	24.5
Bust	37	39	41	43	45	47
Waist	31	33	35	37	39	41
Hips	37	41	43	45.5	48	50.5
Bk	15.5	15.8	15.9	16.0	16.1	16.2

Notice that there is a lot of overlap in the bust waist and hip measurements, particularly between Misses and Women's sizes. A look at the "Bk" measurement shows the major difference between these groups. The "Bk" measurement is the distance from the base of the neck to the center of the waist.

Local Events

The August meeting will be at Diane's house on the 15th. The evening will start at 7:30pm with munchies and possibly some of Diane's famous punch. We are hoping for a good turnout and should have a few new faces present that have contacted us during the past month. One that comes to mind is Lynda, a recent valley arrival who was referred to us by her old organization in Texas.

Let's welcome Lynda and Jackie to our group and show them some Arizona hospitality.

The event for the evening will be a presentation by Diane of "Boys Will Be Girls" on breast forms. This should be an informative presentation about an item which in most cases is a necessary part of our wardrobe.

So, come on over and learn a little about these items that are a major part of the image which we all strive to achieve, welcome our hopefully new members, and enjoy the evening with some good friends.

Food For Thought

This month's recipe is one that Wendi and Judee have created. It started out as a family favorite in Wendi's family and was enhanced by Judee with a great stuffing.

Stuffed Breaded Pork Chops

4	lean 1" thick loin pork chops
1 1/2 cp.	cracker meal
2	eggs, (beaten)
1 cp .	barley, cooked till tender
1/2	fresh diced mushrooms
1/3 cp	green onions (finely chopped)
1 tsp	parsley flakes
pinch	garlic powder (to taste)

Slice chops lengthwise to make a pocket for the stuffing. Fill chops with mixture of barley, onions and mushrooms. Double-bread filled chops by dipping in egg then in cracker meal. The chops may need to be securely closed with toothpicks if you really stuff them. Brown breaded chops in a small amount of olive oil and then place on a rack in a roasting pan so that any fat will drain off while roasting and the breading will not get soggy. Cover the pan with foil and bake at 325 deg. for 1 hour. Serves 4 hungry people.

Classified

Wanted - Phone answering machine (for our hot line).

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Alpha Zeta
Po Box 4351
Scottsdale, Arizona 85261

This Month's Photo Collection



Vanessa & Laura



Rosalind Telling of Hormones



Terri & Angela



Happy Terri



These ARE Boys, Diane!



Wake up Mae!



Angela & Diane



*I'LL BET WE SHOOK HIM UP THAT TIME, Tommy!



Angela & Diane again



Rosalind



Pre-swimsuit Jackie