

THE INGERSOLL MESSAGE

May 1998

Volume 4, Issue 2

PFLAG SEEKS TG PRESENCE

This is the year that PFLAG (Parents, Families, and Friends of Lesbians and Gays) will probably vote for Transgender inclusion. I have been working toward this goal since 1992, as an open, non-transitioning transgendered person.

Many PFLAG chapters have large numbers of transgendered persons who regularly attend meetings. This is not the case in the Seattle area. Perhaps there are too many other support groups, perhaps people are too complacent, or perhaps people just do not feel welcome. While there are occasional problems, PFLAG people work hard to create a safe and affirming meeting place for all GLBT people.

One might ask "Why be bothered with PFLAG?" It is a national organization that also has affiliations in many other countries. PFLAG takes a stand on the issues that affect us, regardless how unpopular they may be for the general population. PFLAG can bring meaningful, national attention to transgendered persons and their problems. And most important, half the people you will meet at PFLAG will not be GLBT.

All transgendered people are welcome at PFLAG meetings. While we can always use activist volunteers, there is no special requirement to do or say anything in particular. Everything at meetings is strictly confidential.

Here are the Seattle area meetings:

Seattle: 2nd Monday 7:00 PM
Seattle First Baptist Church
1111 Harvard Avenue

Bellevue: 3rd Thursday 7:00 PM
First United Methodist Church
1934 108th Avenue N.

So. King County: 4th Mon. 7:00 PM
1st Unitarian Universalist
25701 14th PL S.

Tacoma: 4th Thursday 7:00 PM
St. Andrew's Episcopal Church
7410 S. 12th

Everett: 3rd Monday 7:00 PM
First Congregational Church
2624 Rockefeller Avenue

Bremerton: 3rd Monday 7:00 PM
St Paul's Episcopal Church
700 Callahan

Whidbey Island: 4th Friday 7:00 PM
Langley United Methodist Church
3rd & Anthes

Bainbridge Island: 1st Tues. 7:00 PM
Seabold Methodist Church

Board Meeting: 1st Monday 6:00 PM
Seattle Counseling Service
1820 E. Pine, Seattle

The hotline number is: 206-325-7724

The PFLAG banner is at <http://www.accessone.com/~reddwarf/banner1.htm>, and My website is <http://www.accessone.com/~reddwarf/index.html>.

—Romana Lotsawa

Look at What's Coming Up!

On May 17th, Ingersoll will have a Video day. The videos presented will be *Metamorphosis* and the Witness documentary *The Wrong Body*.

The double showing will take place from 2:00-5:00 p.m. at Ingersoll.

We are asking for a \$5 donation.

MELTZER IN JUNE

On June 14th we will host a presentation by Northwest surgeon Dr. Toby Meltzer.. This will take place at the Group Health facility on 15th on Capital Hill (just a few blocks from Ingersoll), from noon-5:00 p.m..

The schedule for Dr. Meltzer's talk is as follows:

12-1:30 p.m. Male To Female surgeries

1:45-3:15 p.m. Female To Male surgeries

3:30-5 p.m. Questions and Answers

We are asking a \$10 donation for this presentation. If anyone has any questions about this upcoming event, call David Schreier at (253)859-1053.

The Ingersoll Message

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The 2nd Annual Trans Pride Rally & Dance

THE T-PEOPLE are getting ready for
Pride Week '98!

On Friday, June 26, THE T-PEOPLE
will host "The 2nd Annual Trans Pride
Rally & Dance" in front of Seattle
Central Community College. It will be
followed by the Trans Dance at Pil-
grim's Congregational Church. Exact
times will be announced.

Entertainment will include the bands
Vicious Fishes/Grumpy Monkey and
Megababe (formerly known as Get It
Gurr!), plus radical poetry, a thrilling
drag show, a real diva (mezzosoprano),
a TransElvis-tite, and some off-off the
wall comedy.

Information about health and civil
rights issues pertinent to trans people
will also be provided. Then, a local
star DJ will spin raving grooves at the
Trans Dance.

For more info:

THE T-PEOPLE
P.O. Box 2514
Seattle, WA 98111
(206) 325-0085/(206) 244-5629

email: t-people@geocities.com

website: www.geocities.com/~t-people

LOOKING FORWARD IN PRIDE

TWO NEW BOOKS AT INGERSOLL

Kate Bornstein's MY GENDER
WORKBOOK is perfect for anyone
who is merely curious or desperately
obsessed with what gender is all about.
It's the book of the year—funny, para-
doxical, completely mind-expanding
---exactly what one has come to expect
of the author of GENDER OUTLAW.

TRUE SELVES: UNDERSTAND-
ING TRANSSEXUALISM: FOR
FAMILIES, FRIENDS, COWORK-
ERS, AND HELPING PROFESSION-
ALS is by clinician Mildred Brown
and journalist Chloe Rounsley. Not a
perfect book (particularly regarding
use of pronouns), it is, however, the
best work currently available for the
people who want "explanations" in a
straight-forward, T-friendly way.

Buy your copies by calling the Inger-
soll office at (206)329-6651 or by ask-
ing a facilitator at any meeting.

Bellingham Group Forming

A number of people from the
Bellingham area have been coming
to Ingersoll Gender Center to
receive facilitator training.

If you are interested to contacting
the Bellingham group, call Karen
Howe at (360)675-7642 or e-mail
her at mhowe@pioneer.net.

THINKING AHEAD: HELPING THE COMMUNITY

Every group of people help other members of their own group—it's a part of belonging. One of those ways is to make provision in their estate-planning to help those organizations that provide information, aid, and services to those in need.

Ingersoll Gender Center has been a recognized 501(C)(3) non-profit service organization since 1984. If you are planning your estate or just thinking about that responsibility—think of us, think of people that we have helped for over the years, and think of those who will need our help in the future.

GIVE TO HELP OURSELVES.

FROM THE FOUNDER

When you finally come to feel that you must act--must do *something* to answer your questions, *then* is the time that brings Ingersoll into being. Ingersoll exists as an experience, a process, a help, because people have said to each other: "we will help ourselves, we will work together to make sense of the feelings and ideas we have

about our genders and ourselves."

At the moment we sit down in our groups, our social times, our therapy and counseling, and our one-to-one discussions, we create the intellectual and friendly worlds that change the struggle of self discovery into a journey...an adventure. Of course we know our clients and our friends can do the discovery on their own, but we also know the power of sitting down together in mutual respect, offering to each other the wisdom of our collective experience.

This is why we have seven individual groups; this is why we train other professionals; this is why we offer seminars and socials. Most of all, this is why people join in to be part of the dream--Everyone is welcome. Our strength is in our unity, our reason for being comes from the people we serve.

—Marsha Botzer

We will help ourselves....



Referral Therapists

Sandra L. Fosshage
MA
(206)286-6005

Sandra L. Johnson,
Ph.D. Lic. #1328
(206)322-2012

Howard E. Leonard
Ph.D. Lic. #989
(206)329-5255

Jude Patton
CMHC, CMFT, PA-C
(425)787-5094

Bryant Vehrs, M.A.
(206)623-5244

K. K. (Robby)
Robbins
(509)880-8111

The Ingersoll Calendar

SUNDAY, MAY 17th—VIDEO
SOCIAL at Ingersoll Gender Center,
2-5 p.m. It's a double presentation!

SUNDAY, JUNE 14 Presentation by
Dr. Meltzer at Group Health, 15th &
John, Capital Hill, Seattle 12-5 p.m.

FRIDAY, JUNE 26 T-Rally

SUNDAY, JUNE 28 PRIDE DAY
See you in the Parade or the Park.

REGULARLY SCHEDULED:
Wednesday Evening Group—7:30 to
9:30 p.m. folks living in cross-
gender situations. Referral needed.

Thursday Evening Group—7:00 to
9:00 p.m. ●open drop-in group. This

is a good place to contact the Ingersoll
Center for the first time. All are
welcome in this facilitator-guided
support group. Individual consultation
is available and publications are
available for purchase.

Friday Evening Group—8:00 to 10:00
p.m. Open support group for anyone
with gender questions. The longest-
lived group of its kind in the U.S.
Structured discussion, facilitator-led.

Saturday Evening Group—7:30 to 9:30
p.m. Focus on education about
personal presentation.

FtM Specialty Group one Saturday a
month. Contact David for more
information: (253)859-1053.

**All Ingersoll groups have a suggested
group fee of \$10 and \$5 minimum.**

AFFILIATED GROUPS:

Amazing Changes: Closed AA group
for the T-communities. 12-Step
Tradition. Mondays 6:00 to 7:00 p.m.

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(206)329-6651

ECFTMG
P.O. Box 60585
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Northampton, NY
01060

