

The Benjamin Sex Orientation Scale (S.O.S.):
Sex and Gender Disorientation and Indecision (Males)

TYPE 0

Normal sex orientation and identification, heterosexual or homosexual.
The ideas of "dressing" or "sex change" are foreign and unpleasant.
Vast majority of all people.

PROFILE	TYPE I	TYPE II	TYPE III	TYPE IV	TYPE V	TYPE VI
	Transvestite Pseudo	Transvestite Fetishistic	Transvestite True	Transsexual Non-Surgical	True Transsexual Moderate Intensity	True Transsexual High Intensity
Gender "feeling"	Masculine	Masculine	Masculine (but with less conviction).	Uncertain. Wavering between TV & TS.	Feminine "trapped" in a male body.	Feminine. Total "psycho-sexual" inversion.
Dressing habits and social life	Normal male life. May get a "kick" from "dressing" Not truly TV.	Lives as man. "Dresses" period- ically or part-time. Dresses under male clothes.	"Dresses" constantly or as often as possible. May live and be accepted as a woman. May dress under male garb.	"Dresses" often as possible with insufficient relief of gender discomfort. May live as man or woman.	Lives and works as woman if possible. Insufficient relief from "dressing".	May live and work as woman. Insufficient relief from "dressing". Gender discomfort intense.
Sex object choice and sex life	Hetero-, bi, or homosexual. "Dressing" and sex change in masturbation fantasy mainly.	Heterosexual. Rarely bi. Masturbation with fetish. Feels guilt. "Purges" and relapses.	Heterosexual except when dressed. Dressing gives sex- ual satisfaction, relief of gender discomfort. May purge, relapse.	Libido low. Asexual or auto-erotic. Could be bisexual.	Low libido. Asexual, auto-erotic, or passive homosexual activity. May have been married and have children.	Intensely desires relations with normal male as "female". If young; later libido low. May have been married and have children.
Conversion operation	Not considered in reality.	Rejected.	Rejected but idea attractive.	Attractive but not requested.	Requested.	Urgently requested & usually attained.
Estrogen medication	Not interested. Not indicated.	Rarely interested. May help to reduce libido.	Attractive as an experiment. Can be helpful.	Needed for comfort and emotional balance.	Needed as substitute for or preliminary to operation.	Required for partial relief.
Psychotherapy	Not wanted. Unnecessary.	May be successful in favorable environment.	If attempted, not usually successful as to cure.	Only as guidance; otherwise refused or unsuccessful.	Rejected. Unless as to cure. Permissive psychological guidance.	Psychological guidance or psycho- therapy for symptomatic relief only.
Remarks	Only sporadic interest in "dressing".	May imitate M & F double personality with M and F names.	May assume a double personality. Trend toward TSism.	Social life dependant on circumstances.	Operation hoped for and worked for, often attained.	Despises his male sex organs; danger of suicide or self- mutilation if too long frustrated.

