



# TGIC, BUTTERFLY, EON



TRANSGENDERESTS INDEPENDENCE CLUB CALL 436-4513 OR WRITE TGIC  
P.O. BOX 13604 ALBANY N.Y. 12212 BUTTERFLY AND EXPRESSING OUR  
NATURE (EON) A COLLABORATION OF N.Y. STATE GROUPS

**11/88**

### Calendar Of Events

- 11/12/88 TGIC Party 145 Club
- 11/17/88 TGIC Rap Group  
(We will hold the rap group only with one weeks advance notice. If you want to attend or have a rap group, please call one week in advance. No one will be present to hold the rap group if no advance notice is given)
- 11/19/88 EON Party
- 11/24/88 HAPPY THANKSGIVING
- 11/25/88 TGIC Bussiness Meeting
- 11/25/88 TGIC Party Loft
- 11/26/88 Butterfly Rap Group
- 11/27/88 Butterfly Party
- 12/03/88 Mate Support Group
- 12/10/88 TGIC Party 145 Club
- 12/15/88 TGIC Rap Group  
(We will hold the rap group only with one weeks advance notice. If you want to attend or have a rap group, please call one week in advance. No one will be present to hold the rap group if no advance notice is given)
- 12/17/88 EON Party
- 12/23/88 TGIC Party Loft CANCELLED
- 12/24/88 Butterfly Rap Group
- 12/25/88 MERRY CHRISTMAS
- 01/01/88 HAPPY NEW YEAR
- 01/07/88 TGIC party 145 Club
- 01/14/88 EON Party
- 01/19/88 Rap Group Loft
- 01/27/88 TGIC Business Meeting
- 01/27/88 TGIC PARTY Loft
- 01/28/88 Butterfly Rap Group
- 01/29/88 Butterfly Party
- 02/04/88 Mate Support Group
- 02/11/88 TGIC Party 145 Club
- 02/16/88 Rap Group
- 02/18/88 EON Party
- 02/24/88 TGIC Business Meeting
- 02/24/88 TGIC Party Loft
- 02/25/88 Butterfly Rap Group
- 02/26/88 Butterfly Party

Any questions on the above? Write or call us. TGIC PO BOX 13604 Albany N.Y. 12212-3604\*\*518-436-4513

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\* \*  
 \* HELEN WOULD LIKE A ROOM MATE \*  
 \* contact her through the club \*  
 \* phone or the PO Box or at the \*  
 \* 145 club its a way to save \$\$ \*  
 \* \*  
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### NATIONAL NEWS

Are you looking for something to do this December or January try the Photo exhibition in Syracuse N.Y. Mariette Pathy Allen is having a show of her work in a very fine gallery in Syracuse from December 1st to January 25th stop in you will be welcomed.

Convention plans are shaping up. There will be a lot of things to do, Boat tours of the bay, sightseeing tours of the city and many more things. I can't wait to get there and start the fun. Sign up now and avoid the rush for a good spot, the space is limited for the hotel so get signed up today.

We are now able to sell you the Tapestry Magazine. If you are unable to get it please contact us for a copy. It's the only magazine in the community devoted to the issues that face us. It is now available to you locally. See Dawn or Ren'ee for your copy.

The long awaited book "TRANSESTITES and TRANSEXUALS, Toward A Theory of Cross Gender Behavior", by Richard F. Doctor PhD. is now available from IFGE for individuals for \$29.50 plus \$2.50 postage, there is a discounted price for non-profit organizations.

The Book, The Transsexual Phenomenon by Harry Benjamin, is now available in limited numbers from the Outreach Institute for \$39.95 plus \$3.50 postage and handling.

Both of these books are very good reading material and will help you understand yourself better. The "Transvestites Transsexuals" book is the first printing. The "Transsexual Phenomenon" is a reprint and only a limited number of copies are available. To send for your copies, IFGE P.O. Box 367 Wayland Ma. 01778 or The Outreach Institute Kenmore Station, Box 368 Boston, Ma. 02215

### WE MISS YOU WHERE ARE YOU

We miss all of you, we would like to hear from all the people who were unable to attend any meetings or functions for awhile: WE MISS YOU!



We need had a contribution to the library books and video tapes. We now have a need for rental of video movies on VHS. If you are interested please send a self addressed stamped envelope for a copy of the list, (there are 60 differnt tapes).

The Annual Cross Dressers Holiday (the big one) All Hallows Eve or better known as Halloween! Was a huge success. There were many different costumes many of which were very creative and unique. The Christmas party will hosted by Tamie and Karyn (what a duo)! It will be held at the Loft, Saturday December third nineteen hundred and eighty eight (12/03/1988) at 7pm. There will be a ten dollar limit on the gift you bring for the grab bag, (you don't have to spend ten dollars that is the limit) You will have to contact us for what to bring for the cover dish or snacks etc. by 11/28/88. Items already spoken for are Lasagna, tossed salad, soda, vegies and dip (like the news letter writer s). There will be a door prize. Fun and games will abound, we all will be looking foward to seeing you there. Much love from the duo!

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\* HAPPY BIRTHDAY TO YOU \*  
\* The Birthday's we have are \*  
\* November little Megan, Judith \*  
\* Browning, December Diantha, \*  
\* January Dawn C., Rachel, Mindy,\*  
\* Linda, and Wilma \*  
\* HAPPY, HAPPY BIRTHDAY !!! \*  
\*\*\*\*\*

The following article appeared in the Times Union newspaper in Dec. "Sex Determining Gene Isolated" Using classic genetic research techniques and the new methods of genetic engineering, biologists have discovered the gene they think determines whether a fetus develops as a male or a female.

The gene appears to instruct cells to make a chemical that is a "genetic switch". When the chemical, called "testis-determining factor", or TDF, is made in large amounts, it activates cells to begin developing into testes and other male parts. Without the TDF, the sex cells in the fetus develop into ovaries and other female parts.

"This is a landmark set of experiments," said David Baltimore, head of the Whitehead Institute for Biomedical Research in Cambridge, Mass., where the discoveries were made. "This is a classic use of very rare human genetic defects to find out something important about human biology."

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\* THE INTERNATIONAL \*  
\* FOUNDATION \*  
\* For GENDER EDUCATION \*  
\* This is an organization \*  
\* for people and working to \*  
\* help you the people \*  
\* Waltham Ma. come see your \*  
\* New facility & IFGE at work for \*  
\* you. Box 367, Wayland Ma. 01778 \*  
\* or call 617-358-2305 \*  
\* \*\*\*\*\*

In addition to finding the human gene, the group carried out a series of what they called "Noah's Ark Blots" to look for similar genes among other mammals. They found very similar genes in all the mammals tested, including, gorillas, rabbits, goats, and dogs.

Scientists have tried for thousands of years to determine what causes the fertilized egg to begin shaping it self into a male or female.

The discovery, described in the issue of Cell that appears Thursday, is a leap forward in the understanding of sex determination, according to researchers familiar with it, and a significant advance in the more general problem of developmental biology-how a single cell can develop into organs made of billions of cells with different shapes and actions.

The experiments turned on the results of studies of about 90 unusual sex reversed patients, that is, men and women who appeared to have the genes for one sex while they are anatomically the opposite sex. Studying the aberrant genes of these patients led researchers directly to the sex determining gene, said Dr. David C. Page, Medical doctor and geneticist who headed the nine member team that discovered the gene.

Since the early part of the century, researchers have thought that chromosome count was an important indicator of sex. The chromosomes are the genetic material of living thing, thousands of genes wound up into knotted shapes that are passed from parents to offspring as their genetic inheritance.

In humans there are 23 pairs of chromosomes, with each parent contributing half of each pair.



Women have two identical chromosomes. Men inherit one y. The presence of a y was the determining factor in gender. Some people have as many as three copies of the x chromosome, but if a y is present, they become a male. If there is no y, they become a female.

The researchers have several theories about how TDF works. While they're sure that the gene appears on the y chromosome, there may also be a copy on the x. If that is the case, then there are two possibilities. One is that the x chromosome is inactive and the gene does not produce the protein TDF.

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*****
#                               #
#   TEXAS TEA PARTY             #
# Beautiful setting 3 days fem  #
# Held in San Antonio Texas    #
# For more information contact  #
# Boulton & Park Society       #
# P.O. Box 159652              #
# San Antonio TX 78280-3252    #
# 512 657 2540                 #
#                               #
*****

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Another possibility is that the genes on both the x and y produce TDF, and that together they produce a male. But in a female there are two x chromosomes, and a rule of nature is that only one works. Therefore, in females, an insufficient amount of TDF is produced and a female is formed.

Sex determination begins just after six weeks of development in the fetus. Before that time, the fetus has developed what is called the "indifferent gonad," a partly formed sex organ that is not yet definitely male or female.

Until now, researchers had not known the chemical mechanism by which this initial crucial decision to develop as a male or a female was made.

In the 1960s researchers discovered the "sex-reversed" patients, such as the 1 in 20,000 men who have no y chromosome, but rather two x chromosomes, and the similarly rare women who have a y chromosome but do not become physically male. The patients with these genetic syndromes are sterile, and have some abnormal sexual development, but most appear to be normal.

Page and his group have used genetic engineering techniques to search the genes of these patients over the past six years. They found that the patients' chromosomes were not normal xx female and xy male genetic material.

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*****
# THE 1989 IFGE CONVENTION IN  #
# SAN FRANCISCO CA. ENTERTAINMENT, #
# FINE FOOD, LEARNING, WORKSHOPS, #
# OUTINGS, A GREAT TIME FOR ALL, #
# BOAT TOURS NIGHT TOURS AND #
# MANY MORE THINGS TO DO #
# APRIL 4, 1989 through #
# APRIL 9, 1989 ACT EARLY #
# FOR MORE INFORMATION CALL OR #
# WRITE TO REN'EE AT TGIC OF #
# CONTACT MERRISSA SHERYL LYNN #
# AT P.O. BOX 367, Wayland, Ma. #
# 01778 Tell.617-358-2305 #
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Instead, among xx men, they found fragments of material from a y chromosome mixed in. Among xy women, they found fragments of the y chromosome missing.

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 Maybe the cause of our crossdressing is biological? Something to think about anyway. Dawn

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*****
#                               #
# THE 145 CLUB AT 145 BARRETT ST. #
#                               #
# Sch'dy N.Y. Dance all night ALA #
# Fem or kick up your heels and #
# listen to piano tunes in the #
# Lounge. If its your 1st time, #
# don't be shy-introduce yourself #
# to Jerry or Eve. They will #
# help you in any #
# way they can, if you tell them #
# TGIC or Ren'ee told you to come #
# Have Fun #
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MATE SUPPORT GROUP!

We are having the mate support group on 12/03/88 and the Christmas Party at the same time. We hope we can have a good turnout for the Party. It should be a load of laughs. We have a tree and are looking forward to the small or large visit from the north pole.

Believe me it is great to have someone to talk to, or even write to. So let us hear from you soon. It doesn't seem possible but Christmas is just around the corner, so why don't we plan a get together! Lets hear from you with some ideas. Remember we are here for you. Love,

Karyn and Tamie

Remember the P.O. box is yours to use. Feel free to use it for correspondence you are not sure of. Send mail to: TGIC, P.O. Box 13604, Albany, N.Y. 12212-3604 ATT. your fem or masculine name first and possibly last name initial as we have it on our sheet and a stamped envelope for return.



Transsexual Establishes new Order as a Nun

A former Navy petty officer in Vietnam who began counseling "gender conflicted" people after undergoing a sex-change operation opened a new chapter in her life Thursday-as an Episcopalian nun in San Clemente, Calif.

Sister Mary Elizabeth Clark, formerly Joanna Michelle Clark, and before that Michael Clark, took the veil and the vows of poverty, celibacy and obedience during a candlelight service Wednesday night at St. Clement's by the Sea Episcopal church.

"I've felt close to God since I was 6 yrs. old. I just felt through the wrong body," said Clark, 49, who became a woman in 1975.

To become a nun, after being rejected by sisterhoods all over the nation, Clark had to form her own order, which will not be recognized by the Episcopal church until it has six sisters who have taken a vow of celibacy.

Clark predicted that could take another decade.

In the meantime, Clark, who flew on patrol missions in Vietnam as a radar technician, married twice and fathered a son before her sex change operations, said she will continue counseling "people with inner conflicts about their gender".

For the past ten years, Clark has run what she calls the only referral service for the gender conflicted. She said that the group totals more than 100,000 worldwide.

The most recent of two appearances on the Donohue show generated more than 1,000 letters from men and women who felt trapped in the wrong bodies. Most of these people have been rejected by their families and their churches. All they know rejection. Clark said she provides counseling by phone and by mail to about 80 people per week.

Clark said she did not think the traditional church's support of her efforts constituted a radical departure.

"I don't look at it that way," she said. Some people have spinal bifida, others have club feet, or a cleft lip and nobody thinks that's radical. Most research shows that gender conflict is a prenatal condition."

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#
#   ***THE 145 CLUB***
#
#   The 145 Club Presents
#
#   THE CHRISTMAS
#
#   SHOW
#
#   The shows have been great.
#
#   Call the Club ask for Jerry
#
#   or Eve for Tickets. 370-9865
#
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Thank you again Roberta, your kind and generous contribution to the group, of the many video tapes. They will possibly help us, help others. We need all the help we can get, If you have the need to help others get in touch!

We need more information for the newsletter.

Remember BE ALL YOU CAN BE!!  
REN'EE and KARYN





# Take it off: A hair-removal guide



BEAUTY WORK SHOP

Summer's the time to bare as much soft, sensuous skin as you dare. Check our chart to find out which body-sleeking method works best where... then read on for all the details.

WHERE THE FUZZ IS

	Upper Lip	Brows	Underarms	Forearms	Stomach	Bikini Line	Legs
Shaving			●				
Tweezing		●					
Bleaching	●			●	●		
Depilatories	●				●	●	●
Waxing	●	●	●			●	●
Electrolysis	●	●	●			●	

## SHAVING

Shaving shears off hair on the surface of skin. A razor blade gives the closest shave, but an electric shaver has the advantage of being nickless. To defuzz with a razor blade, skin must be wet and primed with a rich but gentle shaving cream such as Medicated Noxzema Shave Cream for Extra Sensitive Skin. If you're using an electric shaver, skin should be dry. With both shaver and razor, shave against the direction of hair growth using a light touch.

**PLUSES:** It's the quickest, easiest way to remove unwanted hair.

**NEGATIVES:** Nicks and cuts can occur if you're not careful. An electric razor won't snag skin, but you won't get as close a shave. Hair grows back fast—within four days.

**CLOSE SHAVERS:** Personal Touch by Schick and Bathing Beauty Bikini Shaver by Clairol, designed for hard-to-reach areas.

## TWEEZING

It pulls out hairs by the roots. Just grasp base of hair firmly with tweezer and pluck it out in the direction hair grows.

**PLUSES:** It's simple, speedy and you can tweeze your brows yourself or have them shaped at a salon for cheap—about \$10.

**NEGATIVES:** It's good for small areas only, and it stings a bit.

**TO MAKE TWEEZING EASIER:** Maybelline's Expert Touch Tweezers.

## BLEACHING

This method lightens hair so it's unnoticeable. You spread the bleaching agent directly on the skin for a specified amount of time, then rinse off.

**PLUSES:** It's a fast way to camouflage dark peach fuzz—and lasts four weeks. Do it at home, or have it done by a professional. Salon prices are moderate, ranging from \$10 for upper lip to \$30 for forearms.

**NEGATIVES:** The ammonia/peroxide formula may irritate some people's skin. To test for sensitivity, do a patch test in the crook of your elbow 24 hours before you bleach an area. Bleach must also be precisely timed—leave it on too long and hair might come out platinum; if you don't keep it on long enough, it may turn an orangish shade.

**GOOD TO TRY:** Jolen Creme Bleach For The Face and Body, and Andrea Extra Strength Bleach For The Face.

## WAXING

It pulls out many hairs by the roots. Hot waxing can be done at the salon or at home; cold waxing is an at-home method. For hot waxing, warm wax is spread on the skin. When it cools, it's pulled off along with unwanted hair, according to Lia Schorr, of Lia Schorr Skincare, NYC. Cold wax is pressed (unheated) on skin, then zipped off.

**PLUSES:** Gets skin smoothest, lasts six weeks. Salon prices: from \$7 for upper lip to \$30 for legs.

**NEGATIVES:** Hot wax adheres better to the skin, but takes longer to do at home because the wax must be heated first. For all waxing,

hair must be ¼" to ½" long, and removal is momentarily painful.

**WAXING WONDERS:** Zip Wax Hair Remover (which comes in a heatable tube) and Sally Hansen Natural Cold Wax Hair Remover.

## DEPILATORIES

They dissolve hair below the skin's surface. Apply depilatory over dry skin, leave it on for the specified time, then wipe it off.

**PLUSES:** This method leaves skin smoother than shaving but not as smooth as waxing. It lasts about two weeks.

**NEGATIVES:** A depilatory can irritate skin and takes time to apply.

**REAL SMOOTHIES:** Hair Off Cream Brush-On Hair Remover For Facial Area, Nair Mousse, One Touch Roll-On Depilatory by Inverness, Bain de Soleil's Bikini & Leg Crème Satinée Hair Remover, Neet Hair Remover Bikini Line Kit and Bikini Bare Creme Depilatory and Finishing Creme.

## ELECTROLYSIS

It's the only permanent method. A fine needle is inserted into the hair follicle, then an electric current is sent through to kill the root, says Berenice Saurez of Berenice Electrolysis & Beauty Center, Inc., NYC. Have it done by a licensed electrologist or do it on your own.

**PLUSES:** Hair doesn't grow back after the root's destroyed.

**NEGATIVES:** It is a costly, time-consuming process. Several treatments may be necessary. By a pro they're pricey: about \$65 per hour.

**DO-IT-YOURSELF DEFUZZER:** Perma Tweeze from General Medical Company, a safe, effective alternative to expensive professional electrolysis. For Beauty Specifics, see SHOP. □



